

# “The Assumption of Mary into Heaven in Body and Soul”...

## FROM THE BOOK OF REVELATION:

*“The woman was given the two wings of the great eagle, so that she could fly to her place in the desert, where, far from the serpent, she was taken care of for a year, two years, and a half-year.”*  
(Rev.12:14)<sup>1</sup>

## MEDITATION ON THE MYSTERY:

Before being taken up into heaven for all eternity as Mary was, let us enter this “place in the desert,” this refuge of prayer and silence, and ask the Lord to give us the “two wings of the great spiritual eagle” – so that we, steered by the rudder or “tail” of Catholic doctrine, can fly further up onto the mysterious Mountain of God which is Christ Himself. (cf. SLC, p. 42A)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the rudder of doctrine, St. Ambrose says: *“Hold on to the [rudder] of faith so that the rough winds of this world may not [shake] you... [T]he Lord's Church stands unmoved among the waves of this world, for she is built on the apostolic rock and holds fast to her foundation, unmoved by the onslaughts of the raging sea (cf. Matt 16:18).”* (AMBROSE, Epistola II, in: PIUS XII, *Memnisse Iuvat*, 14 July 1958, n. 26)

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...